

Declaration of Retirement from the Maritime Industry

TO: The Trustees of the MEBA Pension Trust (the "Plan")

I hereby certify that I have withdrawn from any employment aboard any vessel and from any other employment referred to in Sections 1.21 and 1.34 of the Plan Regulations, which I have read. I also certify that I have taken all of my accrued vacation benefits.

If at a subsequent time, I return to such employment referred to in Sections 1.21 and 1.34 without written permission of the Plan's Trustees, I will be subjected to the penalties outlined in Section 2.09 of the Plan Regulations. (The provisions of Sections 1.21, 1.34 and 2.09 are summarized in the Plan Regulations. Also see pages 19-22 of the MEBA Pension Trust Summary Plan Description and the attached *Statement of All Pensioners' Rights to Return to Employment in the Maritime Industry*.) I understand that if the Trustees bring suit to enforce the Plan Regulations and prevail, they are entitled to recover attorney's fees, costs, and interest from me as permitted by law. Nothing in the Plan Regulations, however, prohibits my returning to employment in the Maritime Industry.

Enter the Date of Your Last Employment Below (One Only):

Type of Employment	Date
Sailing	
School	
Night/Port Relief	
Port Engineer, Port Electrician Or Hull Inspector	

Enter the Date of Your Last Vacation Below:

Last Date of Vacation	
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SIGNATURE: _____ **DATE:** _____

PRINT NAME: _____ **SSN:** _____