

AMENDMENT NO. 16 - 9

TO THE

RULES AND REGULATIONS

OF THE

MEBA MEDICAL AND BENEFITS PLAN

At their October 2016 meeting, the Trustees of the MEBA Medical and Benefits Plan (the "Plan") approved the following changes to the Plan's Rules and Regulations with respect to outpatient visits for treatment of nervous and mental disorders and weekly disability benefits for Active Participants. Such changes are effective as follows:

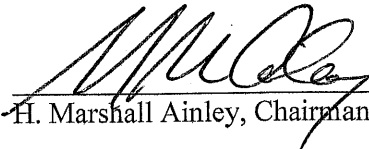
- 1. Effective October 27, 2016, Article VI, Section 3(g)(ii) shall be amended to read as follows (*new language shown in bold italics*):
 - ii. Outpatient Expenses up to a maximum of **one hundred (100)** visits in each thirty-six (36) consecutive month period will be considered at 70% of Reasonable and Customary charges.
- 2. Effective October 27, 2016, Schedule E shall be amended to read as follows (*new language shown in bold italics*):

Weekly Disability Benefit.....	\$170.00
Maximum Payment.....	\$6,630.00


Adopted in Principle: October 27, 2016

Effective Date: October 27, 2016

Language Approved: February 23, 2017



 H. Marshall Ainley, Chairman



 Edward Hanley, Secretary