

AMENDMENT NO. 16-7
TO THE
RULES AND REGULATIONS
OF THE
MEBA MEDICAL AND BENEFITS PLAN

At their October 26, 2016 meeting, the Trustees of the MEBA Medical and Benefits Plan amended the MEBA Medical and Benefits Plan Rules and Regulations (“Plan”), effective November 1, 2016, to remove from the Plan the limit on the number of visits per calendar year with licensed nurse practitioners and licensed physician’s assistants acting within the scope of such professional’s license.

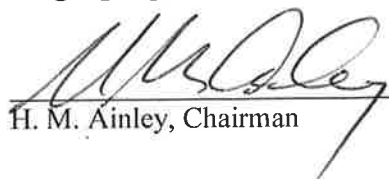
1. Article VI, Section 2(d) shall be amended to read as follows (new language shown in **bold** and deleted language shown in **bold-strikethrough**):


(d) “*Legally Qualified Physician*” means only a person who is duly licensed to (1) prescribe and administer any drugs, (2) perform surgical procedures, (3) perform chiropractic manipulations, or (4) who is a certified nurse midwife or certified registered nurse anesthetist, or (5) with respect to the coverage of nervous and mental disorders, any mental health practitioner who is either licensed or certified by the State in which he/she practices. A licensed nurse practitioner, **or licensed physician’s assistant, ~~or licensed acupuncturist or certified registered nurse anesthetist~~** is deemed to be a Legally Qualified Physician when **acting within the scope of his license. providing the applicable services described in Section 3(e)(13) and acting within the scope of his license. 3(e)(13).**

2. Article VI, Section 3(e)(13) shall be amended to read as follows (new language in **bold** and deleted language shown in **bold-strikethrough**):

(13) services of a **licensed nurse practitioner, licensed physician’s assistant** ~~or~~ licensed acupuncturist **acting within the scope of his license**, not to exceed a **combined** maximum of 10 visits per person per calendar year. Acupuncture treatment by a person who is a Legally Qualified Physician within the meaning of the first sentence of the definition of that term in Section 2(d) is not counted against the 10 visit limit.

Effective Date: November 1, 2016
Language Approved: October 26, 2016


H. M. Ainley, Chairman


Edward Hanley, Secretary