



# MEBA Benefit Plans

Safeguarding MEBA Members and Families

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## **Spring 2019 Brings Prescription Drug Plan Changes to Your MEBA Benefits.**

Here's a brief overview of some upcoming changes to your prescription drug coverage under the MEBA Medical and Benefits Plan that will be happening in the next several months. OptumRx will also mail letters with more details to members who are immediately affected by these changes.

**Questions?** If you have any questions about any of these programs described below, please call OptumRx Customer Service at 1-866-328-2005.

### **The Copay Accumulator Program**

Beginning April 1, 2019, the Plan will no longer apply the drug manufacturer's copay card/coupon to your annual out-of-pocket maximum.

### **The Vigilant Program**

Beginning May 1, OptumRx will not cover certain prescribed medications when an FDA-approved medication at a lower-cost is available to treat the condition. The medications that will no longer be covered/approved include those that are:

- new drugs that have similar composition to existing ones (while not offering additional advantages),
- considered non-essential,
- considered a high-cost generic or a high-cost brand when an appropriate lower-cost medication is available, or
- not FDA-approved.

OptumRx will begin notifying members prior to May 1 if they are taking a drug that is not covered/not approved and encourage them to speak with their doctor about getting a new prescription for a covered/FDA-approved medication to treat their condition.

On and after May 1, if a member fills an existing prescription or a new prescription for a drug that is not covered/not approved (as outlined above), their coverage will be denied and they must pay the full cost of the prescription. In addition, any amount they pay will not count toward their deductible or out-of-pocket maximum. Please note that if your prescription is denied coverage at the pharmacy, the pharmacist may instruct you to call OptumRx for more information or may be able to work with your doctor to switch your prescription to a covered medication.

### **Convenient Fill Options for Regular Maintenance Medications Coming SOON**

Beginning July 1, 2019, you can get a three-month supply of your maintenance medication that you take regularly for an ongoing health condition at a CVS pharmacy (including those in Target

stores). Or, you can get your medication delivered right to your home through the OptumRx home delivery program.

Once this program—called the CVS90 Saver Plus program—starts on July 1, you may only refill your maintenance medication for 30 days at a regular pharmacy **up to two times** before you need to switch to 90-day fills through OptumRx home delivery or at a CVS pharmacy, or your medication will not be covered.

This program does not apply to medications that are taken for a short period of time (such as antibiotics), controlled substances or medications included in the specialty pharmacy program.

Filling your prescriptions in a 90-day supply may help you stay healthy because having a three-month supply of your medication on hand typically means you're less likely to miss a dose. It also means you can make fewer visits to the pharmacy to refill your medication. Plus, you will usually save money because 90-day fills are discounted more through this program than they are at retail and your copayment of 20% will then be based on that lower amount.

**Choose what works best for you.**

**1. Sign up for OptumRx home delivery for a 90-day supply** by going to [optumrx.com](http://optumrx.com). Or, call the number on your OptumRx ID card any time and OptumRx will work with your physician to set up home delivery. No more calling in a refill and standing in line at the pharmacy—and shipping is always free.

**OR,**

**2. Fill a 90-day supply through a CVS Pharmacy.** Visit [CVS.com](http://CVS.com) to locate a CVS retail pharmacy near you, including pharmacies inside Target stores, and just bring your prescription for a 90-day supply of medication to the counter. To transfer an existing prescription to CVS, call or visit any CVS Pharmacy location and show your member ID card. You can also request to transfer your medications online by visiting [CVS.com/transfer](http://CVS.com/transfer). All you need is the name of the medication along with the name and phone number of the transferring pharmacy.

**Look for a mailing from OptumRx if this affects you.** If you are taking a medication on an ongoing basis, OptumRx will be contacting you about this program. If you are not currently taking a maintenance medication, keep this program in mind if you or a family member are prescribed a medication to take regularly in the future.

**Questions?**

Please call OptumRx Customer Service at 1-866-328-2005.