

AMENDMENT NO. 20-7
TO THE
RULES AND REGULATIONS
OF THE
MEBA MEDICAL AND BENEFITS PLAN

At their June, 2020 meeting, the Trustees of the MEBA Medical and Benefits Plan (the “Plan”) amended the Plan’s Rules and Regulations to modify the Plan’s definition of “Legally Qualified Provider” with respect to Alcohol, Drug and Other Substance Abuse Benefits to include Substance Abuse Professionals, effective September 1, 2019.

1. Article VI, Section 2(d) shall be amended to read as follows (*new language shown in bold italics*):

- (d) “*Legally Qualified Provider*” means only a person who is a duly certified and licensed (1) physician, chiropractor, psychologist, psychiatrist, social worker, podiatrist, physical therapist, occupational therapist, licensed midwife, speech-language pathologist, or any other licensed and certified health care provider; (2) with respect to the coverage of nervous and mental disorders, any mental health practitioner who is either licensed or certified by the State in which he/she practices; (3) ***with respect to Alcohol, Drug and Other Substance Abuse Benefits, a substance abuse professional who satisfies the requirements for certification under 49 CFR Part 40 Section 40.283.*** All providers must operate within the scope of their license for a benefit to be covered and some benefits are subject to maximum visit limits. A licensed nurse practitioner or licensed physician’s assistant is deemed to be a Legally Qualified Provider when acting within the scope of his/her license.

Adopted in Principle: June 24, 2020

Effective Date: September 1, 2019

Language Approved: November 19, 2020



H. Marshall Ainley, Chairman



Edward Hanley, Secretary