AMENDMENT No. 21-6 TO THE RULES AND REGULATIONS OF THE MEBA MEDICAL AND BENEFITS PLAN

At their February 18, 2021 meeting, the Trustees of the MEBA Medical and Benefits Plan (the "Plan") amended the Plan's Rules and Regulations effective January 1, 2021 to provide that Employees shall receive credit for Medical Plan eligibility for in person attendance at the Maritime Institute of Technology & Graduate Studies.

1. A new fifth paragraph shall be added to Article I, Section 1, to follow immediately after the fourth paragraph and shall read as follows:

Days of attendance at the Maritime Institute of Technology & Graduate Studies ("MITAGS") on and after January 1, 2021 shall count for purposes of determining eligibility for Plan benefits provided the Employee is a mate and is not receiving a benefit from the MEBA Vacation Plan or receiving wages from an employer.

Adopted in Principle: February 18, 2021

Effective Date: January 1, 2021

Language Approved: June 17, 2021

Adam Vokac, Chairman

Edward Hanley, Secretary

Edward T. Ufancey